

Jiri To Everest Base Camp Trek

Trip Facts

Duration: 21 days

Trekking Destination: Jiri & Everest Base Camp, Nepal

Maximum Altitude: 5,545m / 18192ft

Group Size: 2 People Or Above

Mode Of Trekking Tour: Tea House/Lodge

Trekking Hour: Approx 5-7 Hours

Best Season: March/April/May/Sept/Oct/Nov

Highlighted Places: KTM-Jiri-Lukla-Namche-Tengboche-EBC-Kalapathar

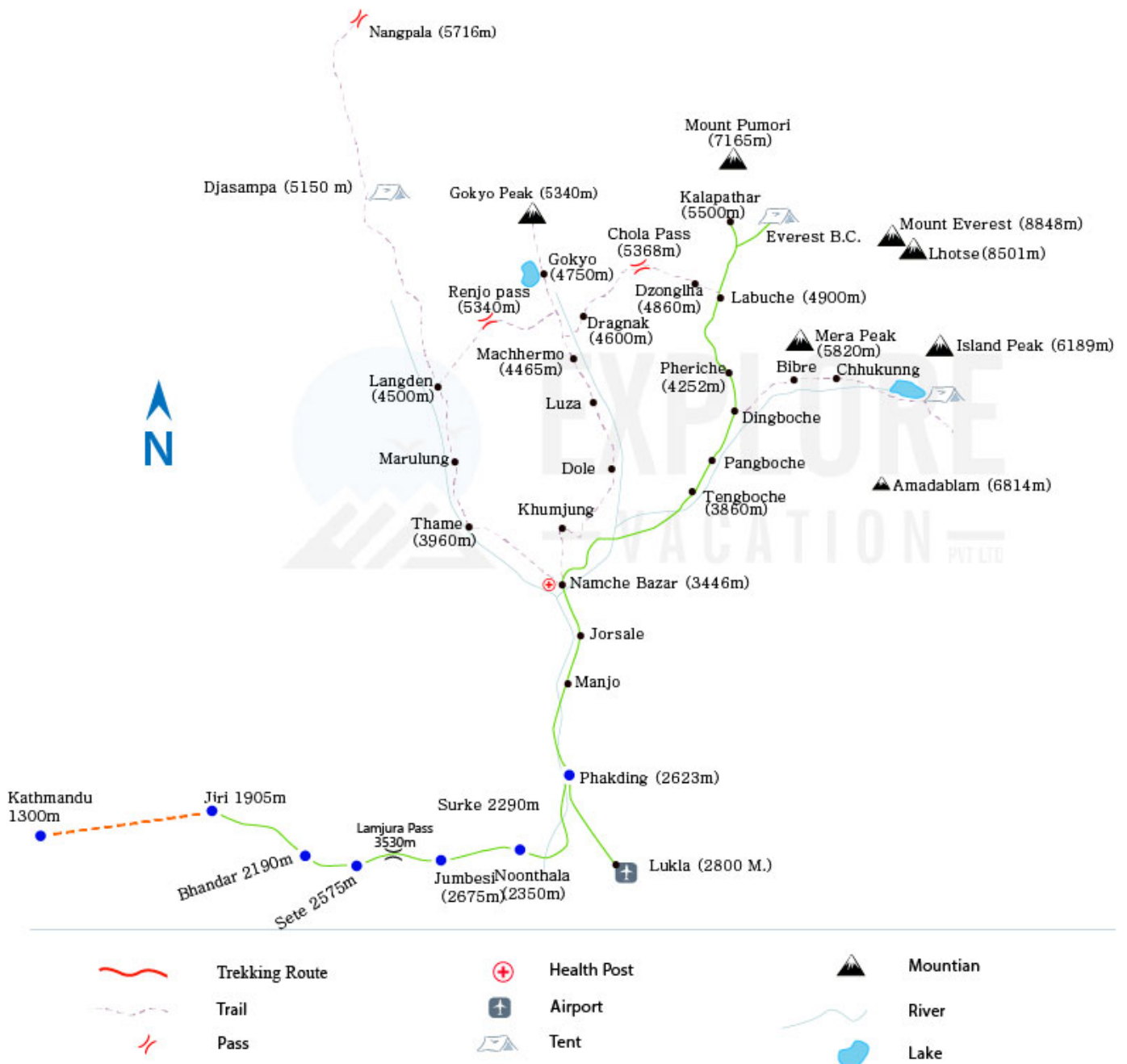
Jiri-Everest Base Camp Trek is the classic trekking route used by the Tenzing Norgay Sherpa and Edmund Hillary during their Mt. Everest expedition in 1953. The trekkers during the trek can explore and enjoy both the natural and cultural aspects of the whole Khumbu region; its green forest, rare wild animals, birds, lush valleys including the spectacular view of the world tallest mountain - the Everest and others like Mt. Lhotse, Mt. Nuptse, Mt. Amadablam, Mt. Pumori, Mt. Thamserku etc.

Jiri Everest Base Camp Trek begins with a road journey from Kathmandu to Jiri from where we begin our walk. Since the trek begins from the comparatively low lands it provides a good chance of acclimatization and exploration through the villages and glaciers in Khumbu region.



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Day to Day Itinerary

Day 1: Arrival in Kathmandu (1,300m). Overnight at Hotel

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Day 2: Guided Kathmandu Sightseeing and Trek Preparation. Overnight at Hotel

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Day 3: Drive Kathmandu to Bhandar via Jiri: 187 km. 6hrs. Overnight at Lodge

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Day 4: Trek Bhandar to Sete (2575m): 6-7 hrs. Overnight at Lodge

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Day 5: Trek Sete to Junbesi (2670 m): 7 hrs. Overnight at Lodge

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Day 6: Trek Junbesi to Nunthala (2220m): 6 hrs. Overnight at Lodge

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Day 7: Trek Nunthala to Bupsa (2360 m): 5-6 hrs. Overnight at Lodge

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Day 8: Trek Bupsa to Surke (2290m): 5-6 hrs. Overnight at Lodge

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Day 9: Trek Surke to Phakding (2,652m): 4-5 hrs. Overnight at Lodge

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Day 10: Trek Phakding - Namche Bazaar (3440 m): 5-6 hrs. Overnight at Lodge

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Day 11: Acclimatization Day - Namche Bazaar (3,440m)

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Day 12: Trek Namche Bazaar to Tengboche (3,870m): 6 hrs. Overnight at Lodge

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Day 13: Trek Tengboche to Dingboche (4,360 m): 5-6 hrs. Overnight at Lodge

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Day 14: Trek Dingboche - Duglha (4.600 m): 4 hrs. Overnight at Lodge

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Day 15: Trek Duglha - Lobuche (4940 m): 4 hrs. Overnight at Lodge

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Day 16: Trek Lobuche - Gorak Shep (5170 m) - Everest Base Camp (5364 m)- Gorak Shep: 7-8 hrs. Overnight at Lodge

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Day 17: Trek Gorak Shep-Kala Patthar (5545 m)-Pheriche (4280 m): 8 hrs. Overnight at lodge

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Day 18: Trek Pheriche-Pangboche-Tengboche-Namche (3.440 m): 6 hrs. Overnight at Lodge

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Day 19: Trek back Namche Bazaar-Lukla: 7-8 hrs. Overnight at Lodge

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Day 20: Fly to Kathmandu. Overnight at Hotel

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Day 21: Departure

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Trip Cost Includes

- Arrival/Departure transfer in Kathmandu.
- Accommodation in Kathmandu twin sharing room with breakfast.
- Kathmandu sightseeing entrance fee and tour Guide.
- Accommodation mountain lodge/tented camp on trek with all meals (breakfast, lunch & dinner).
- Conservation fee / Everest Area National Park fee.
- All required supporting crews with experienced leader (guide), porters, cook, kitchen helper to carry luggage.
- Meals, salary, personal equipment, transport and Insurance for supporting teams.
- Camping equipments like tents, kitchen stuffs, foods, mattresses, sleeping bag etc
- Kathmandu – Jiri transfers by private bus or jeep
- Lukla – Kathmandu air tickets and Domestic airport tax.
- First Aid Kit.
- All applicable taxes and service charges.

Trip Cost Excludes

- Nepal entry visa fee.
- Meals in Kathmandu other than breakfast.
- Your travel insurance.
- Insurance for any loss & damage.
- Rescue & evacuation service.
- Personal expenses (phone calls. laundry. bar bills. battery recharge. extra porters. bottle drinks etc)
- Tip for Guide, camping crews and porters.
- Any additional cost due to unforeseen circumstances.



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